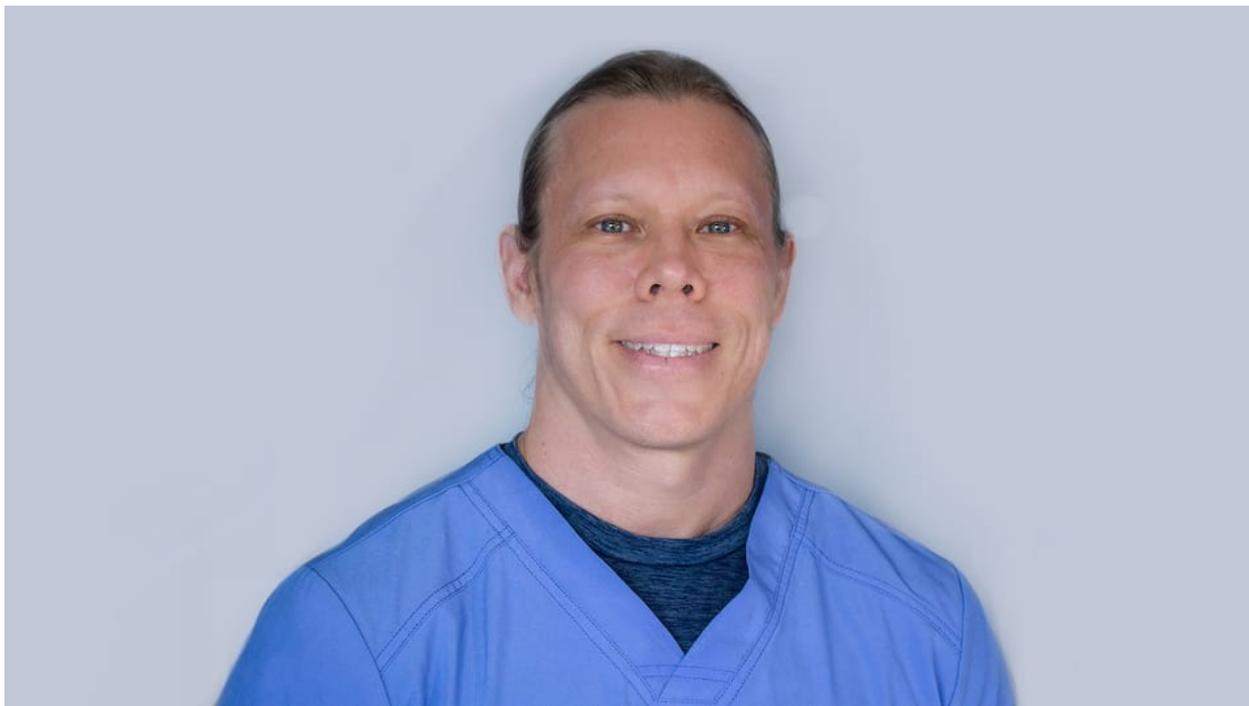


# Meet the Staff: BioDesign's Physician Assistant, Steve Stiles

Steve Stiles, PA-C, joined our medical staff in November 2019, and let's just say that having him around the office on a daily basis is just the breath of fresh air we needed. Among his areas of focus, Steve conducts medical screenings, collaborates with our medical director on Hormone Replacement Therapy (HRT) and Erectile Dysfunction (ED) treatment plans, and assists the rest of our medical staff with a number of other patient-related essentials.



A certified physician assistant since 2006, Steve began his healthcare career by working in emergency medicine and neurology after graduation from college, and then moved into HRT- and ED-focused medicine. Before joining us at BioDesign Wellness, he worked in a medical clinic 100 miles to the north of us in

Ocala, Fla.

Steve received his Bachelor of Science degree in Biology from Nova Southeastern University in Fort Lauderdale, Fla., and holds dual bachelor's and masters' degrees in Medical Science (M.M.S.) in the discipline of Physician Assistant. That dual degree came at the conclusion of a six-year program that included a prescribed four-year course of study in an undergraduate major and an additional 27 months of training in the PA program at the Dr. Pallavi Patel College of Health Care Sciences.

We asked Steve to fill in a few more details about his career objectives, as well as answer some personal questions, to which he good-naturedly responded:

**BioDesign Wellness Center: Why did you choose to apply to and then come to work for BioDesign?**

**Steve Stiles:** *I found myself interested in the world outside of traditional "Western" medicine. When I was working in neurology, I didn't see many patients improving in terms of their quality of life. In hormone replacement and ED treatments I believe I'm actually watching patients improve in a meaningful way.*

**BioDesign: If you could tell new patients one thing about BioDesign Wellness – either to prepare them for their first visit or that you just think they'd benefit from knowing now – what would you want them to know?**

**Steve:** *That they are beginning something that is comprehensive and addresses their overall health. It's much more than just tacking labels onto problems and throwing medicines at them.*

**BioDesign: Where did you grow up and what did you want to be – career-wise – when you were in grade school?**

**Steve:** *I grew up in Richmond, Virginia. And I remained undecided*

*on a future career when I was in grade school.*

**BioDesign:** If you moved to Sesame Street, who would you want as your neighbor and why?

**Steve:** *Oscar the Grouch, because we all know that pessimists are always prepared for the worst.*

**Steve:** What is something most people would be surprised to learn about you?

**Steve:** *I took my first college course in 8th grade as part of a Johns Hopkins University academic program.*

**BioDesign:** Please tell us about your hobbies or interests outside of work.

**Steve:** *Kayaking, photography, tennis, and computers. Anything outdoors during daylight hours, really.*

**BioDesign:** If you could eliminate one food so that no one would ever eat it again, what would you pick to destroy and why?

**Steve:** *Avocados. I know they are healthy, and everyone loves them, but, enough already!*

Alright, Steve... since you're into computers and avocados, we have a joke for you: How do robots eat guacamole? With microchips, of course. Bravocado!